

Lakes DHB Referral Pathway for Pregnant Women who are Covid-19 Positive

The purpose of this document is to clarify the Antenatal Clinic referral process for those women who are pregnant, or within six weeks' post-partum and have tested positive for Covid-19.

For further background information on Covid-19 in pregnancy please refer to the Midlands Community Health Pathways link: <https://midland.communityhealthpathways.org/952638.htm>

And also the Ministry of Health Covid-19: Maternity page found at <https://www.health.govt.nz/covid-19-novel-coronavirus/covid-19-information-health-professionals/covid-19-maternity>

1. What to do if a woman tests positive for Covid-19:

- a. Ask them to register their result
 - Online via mycovidrecord.health.nz
 - Phone 0800 222 478 and choose option 3
- b. Ensure they follow through with the prompts that identify their pregnancy status, as this will trigger the appropriate care plan from the Covid care team – e.g. daily phone check and an O2sats monitor.
- c. If the woman indicates she is having issues with registering her result or pregnancy status, please email the appropriate Lakes Covid Hub with her details;
 - Rotorua: covid19@raphs.org.nz
 - Taupo: Lakesclinicalcovid@pinnacle.health.nz

2. Antenatal Clinic (ANC) Referral:

- a. Send through a non-acute ANC referral to the Lakes DHB dedicated Covid ANC email: pregnant.covid@lakesdhb.govt.nz
- b. Note this is ONLY for Covid referrals. **Please complete a second referral through your normal process if the woman has additional referral indications.**
- c. Use the “Triage form for Covid positive pregnant women” to provide adequate information for the O&G triage team – see **Appendix 1: Lakes DHB Triage Form for Covid-19 Positive Women in Pregnancy**
 - Either copy and paste into the above email, or fill out and attach to the above email.
 - Note: LMCs may use their normal online process e.g. EXPECT if preferred
- d. **The MOST IMPORTANT information for the triage team is whether the patient has any risk factors for Pre-eclampsia or VTE. Please refer to the Appendix 1: Triage Form to ensure correct risk factor information is given.**
- e. Please indicate if the woman is already known to clinic, or if a second referral is required for other obstetric indications e.g. previous caesarean section
- f. If any high risk factors for PET
 - GPs: no further action, this information is for Obstetric triaging + management
 - LMCs: please indicate if you have capacity to do a BP check once weekly during her isolation period.
- g. If any high risk factors for VTE
 - Clexane is required. Please phone on-call Obstetrician immediately in addition to written referral to enable Obstetric team to arrange Clexane for the woman.

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3. Determine responsibility of the woman's care

- a. Refer to **Appendix 2: Covid-19 in Pregnancy Care Framework** which outlines pregnancy risk factors and care plan for LMC, Covid team, Obstetric team.
- b. If no risk factors for preeclampsia or VTE, and no other obstetric indication to be under secondary care: **woman remains under LMC care –**
 - LMC triages pregnancy concerns (e.g. pain, vaginal bleeding or fluid loss, reduced fetal movements) and refers as required
 - LMC to arrange ultrasound scans as outlined in Covid in pregnancy care Framework – Low risk category
 - Covid care team to manage Covid symptoms and escalate as required to ED/Physician teams.
- c. If the woman has any risk factors for PET
 - She will require a BP check one a week during her illness/isolation period.
 - Clinical responsibility for this is secondary care Obstetric service
 - Three-way conversation with LMC about involvement in care and capacity to do BP check while woman is in isolation
 - Covid care team to manage Covid symptoms and escalate as required to ED/Physician teams.
 - If patient was not already under secondary care prior to their Covid illness, it is expected that clinical responsibility returns to the LMC on the patient's recovery from Covid-19
- d. If the woman has any risk factors for VTE
 - Clinical responsibility for the woman is secondary care Obstetric service.
 - The woman will require Clexane, which the Obstetric team will arrange
 - Three-way conversation with LMC about involvement in antenatal, birthing and postnatal care.
 - Covid care team to manage Covid symptoms and escalate as required to ED/Physician teams.