

Te Ara Tauwhirotanga *Pathways that lead to*

Realising the aspirations of tangata whaiora, whānau and our community for mental health services @ Lakes



Issue 3, April 2021

Innovative approach to meet needs of Māori

The Lakes DHB Mental Health and Addiction Service is taking another proactive step to realise Te Ara Tauwhirotanga with monthly wānanga with Hone Hurihanganui of Engaging Well Limited.

CND Joanna Price says there was a great turn out of staff to the first wānanga in February.

“We are so excited to embark upon this mahi with Hone as we in mental health and addiction services work harder to meet the needs of Māori and their whānau. We are excited to change the landscape to serve our community in a culturally appropriate and person centred way,” Jo says.

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Mauri Ora team appointed



Chow Hill Architects Ltd has been appointed the architect for the Mauri Ora build. It has formed a team with IPM for the health planner Joanne Evans and TOA Architects for the cultural component.

The complementary skills and experience of the three companies offers an integrated approach to

health planning facility design and delivery. RCP (Resource Coordination Partnership) is providing the external project manager.

WSP (formerly OPUS International) is the engineering team that will provide building services including engineering, fire, mechanical, geo-technical, acoustics and design.

Innovative approach to meet needs of Māori

Hone Hurihanganui will be familiar to many at Lakes DHB as he has been providing cultural competence education at Lakes DHB over the last four years.

Hone says the mental health leadership team has been proactive and innovative in its approach to eliminating health inequity experienced by Māori. He hopes to embed Te Ara Tauwhirotanga and imbue Lakes DHB staff with tikanga, taiao and tangata principles.

He says a great thing about these wānanga is that they will be monthly. Frequent and consistent sessions are a great way to stay current and keep ideas and changes in practice focused on eliminating inequity. Hone will lead some content to each session and will also be able to respond to any specific needs as they arise out of the wānanga.

“Wānanga is a proactive, innovative way of developing approaches to resolve inequity for Māori. It’s an opportunity for staff to shape and reshape their practice considering the importance of Māori philosophies. I’m quite excited because we don’t often do training like this.”

Hone says he will be able to answer questions about experiences staff may have, but intends to use case studies based on themes as they come up to develop cultural competence and culturally intelligent ways of working.

Subject matter of the wānanga will include: addressing unconscious bias, anti-racism, Hauora

- Māori models of health, Te Reo me ōna Tikanga, Te Arawa stories and histories.

He sees the wānanga as an opportunity to provide cultural supervision like social workers get although that’s usually one on one. And it’s an opportunity for staff to continually improve their practice.

Hone says he sent a questionnaire to all service managers and heads of departments asking how they support their teams

to eliminate inequity for Māori in their respective services. He’s had a range of responses, but takes his hat off to Michael Bland and Joanna Price who have been proactive in making a real difference.

Joanna Price says the service is happy to allow the wānanga to take on an organic approach, that is, letting this flow and meet the needs of the participants.

The wānanga fit with a broader strategy to embed Te Ao Māori into practice, including a scheduled Māori Tikanga audit to inform educational and service improvement activities, a project to specifically transform the admission process, expanding the range of options to include Māori healing and working with Te Aka Matua to review Tikanga Whakamua Maku a Te Arawa.

Hone affiliates to Ngāti Tahu, Ngāti Whaoa, Ngāti Porou and Ngāti Whakaue. His background is in education, health and leadership having held senior positions in these sectors for over 30 years. Hone is an expert communicator, presenter and



Mental Health and Addiction Sector Meeting

A mental health and addiction sector meeting was held early April with 40 MH&A staff in attendance.

This meeting provided an opportunity for community and secondary care specialist services to come together, network and receive an update on what has progressed within the sector including the numerous projects under Te Ara Tauwhirota. Also included was a presentation of a sector wide outcomes dashboard which will enable providers to self report their knowledge of and application of Te Ara Tauwhirota. The Sector meeting received very positive feedback both on the day and with a follow up evaluation, key to the discussions was a strong willingness to work more closely together and meet as a sector regularly.

The updates included:

Introduction of Te Ara Tauwhirota – Kingi Biddle (*pictured above*)

Workforce Survey and Key highlights – Cath Rose

Suicide Postvention Role - Suzy Taylor

IPMHA Youth Update - Jen Murray

Perinatal Update – Tina Berryman-Kamp



Ember Introduction and entry criteria – Aaron Carey, Peti Deed

Addictions and Continuing care – Marita Ranclaud, Tepora Apirana, Jackie Later

Acute Inpatient Build - Esthe Davis

Te Ara Tauwhirota in Provider Arm – Ann Maree

Te Ara Tauwhirota Implementation Dashboard – Amy Wharewera



Work begins on preliminary design phase of Mauri Ora

The first intensive workshops between mental health services with the architectural and project management teams Chow: Hill, TOA, IPM and RCP took place in March.



In early April, four user group meetings were



held with the Mauri Ora team which included a group for consumers and whānau attended by two tangata whaiora from the mental health unit, a parent and five members of the consumer

advisory group.

This gave an opportunity for a wide audience to provide feedback on what is required to achieve good flow through the new building.

A discreet ceremony in March by a mana whenua representative

marked the beginning of the site review, blessing the two sites marked for geotechnical investigation.



Are you a community organisation who supports individuals, families and/or whānau in your community?

Are you interested in running projects and activities to support early engagement, prevention and/or harm reduction approaches with rangatahi/youth?

Projects could include education and promotional activities such as workshops, group work, creation of resources such as directories of available services or learning modules, research projects into current marketing approaches of alcohol and drug manufacturers. See Lakes DHB website for details.

For further information and if you would like to fill out an application form please contact Amy Wharewera at amy.wharewera@lakesdhb.govt.nz