

Te Ara Tauwhirotanga

Pathways that lead us to act with kindness

Realising the aspirations of tangata whaiora, whānau and our community for mental health services across Lakes district



Te Whatu Ora
Health New Zealand
Lakes

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Work begins on Mauri Ora Mental Health Inpatient Facility

Work began in early November in preparation for construction of the new Mauri Ora Mental Health Inpatient Unit in Rotorua.

Te Whatu Ora Lakes Interim District Director Nick Saville-Wood says it's

This initial stage of the construction will see a large amount of earth moved onto the Rangioru street site and left for some months for the predicted settlement to occur prior to work commencing on the foundations.



Pictured at the site from left to right are: Wī Huata Whānau Advisor, Jordana Bealing Consumer Advisor, Alan Wilson Chief Operating Officer, Mapihi Raharuhi Director Maori Equity and Outcomes, Dean James Cultural Clinical Nurse Liaison, Joanna Price Clinical Nurse Director Mental Health and Addiction Service, Nick Saville-Wood Interim District Director.

a very exciting milestone as a new, purpose built mental health facility has been very high on the district's agenda for some years.

It is expected that construction will begin in early 2023 and all going well, the building is expected to be completed late in 2024 or early 2025. *Contd. Page 3*

New room in Rotorua ED for people in psychological distress

A room in the Emergency Department at Rotorua Hospital has been decorated and made available for assessments for people who present in psychological distress.

Mental Health Clinical Nurse Educator Renee Marsters says nationally the value of improving patient and whaiora experience has become a priority for all.

Renee identified the need for this allocated space in recognition of the importance of a separate space for people in distress.

"Trauma informed care and Te Ara Tauwhirotanga (the new model of care for mental health and addictions across the sector), underpins everything



we do as mental health professionals, this space and the privacy it offers for distressed patients enhances this practice."

Video captures essence and history of Te Ara Tauwhirotanga

A video to capture the essence and history of Te Ara Tauwhirotanga were filmed at Tunuhopu marae, Ohinemutu in August.

Ngati Whakaue's Kingi Biddle spoke about the name Te Ara Tauwhirotanga- where it came from, and what the principles Tangata, Taiao and Tikan-ga are.



Marita Ranclaud and Phyllis Tangitu who were fundamental in the development of Te Ara Tauwhirotanga spoke about the prompt for the Model of Care, the process and what/who was involved and crafting the model.

Project Manager Te Ara Tauwhirotanga Rebecca Ripia says the video will be used with all mental health and addictions staff as a platform for trainings and orientation. It will provide the historical context and emphasises that this model is about transformation based on what the community said it wanted.

"It was a beautiful day and it was an honour to hear the stories and kōrero from everyone who attended. As Phyllis, Marita and Kingi mentioned on the day, this mahi, and everything we do is a massive tribute to the legacy of everyone that came before us and the beautiful mahi that continues today and represents Te Ara Tauwhirotanga."

Work begins on Mauri Ora Mental Health Inpatient Facility contd from page 1

The planned new adult mental health inpatient facility will have 16 beds with the potential to expand to 20 in the future.

The configuration of the bedrooms (in pods of four), will allow different cohorts to be grouped together, for example, older people, people with vulnerability or who require a safe, low stimulus

addiction staff, iwi and consumers on the detailed design of the building. A Ngāti Whakaue cultural and art committee will ensure the building design is responsive to Māori needs.

Preparation for construction has also included the removal of two buildings on the Rangiuru street site to other areas of Te Whatu Ora Lakes' grounds.



In 2018/19, a co-design process resulted in a new model of care, *Te Ara Tau-whiro-tanga Pathways that lead us to act with kindness*, that guides the development of the sector and is driving the design of the new building.

environment with more intensive nursing.

The new, purpose built facility will ensure the provision of modern, mental health and addiction services which will be safe for staff and tangata whaiora (service users) and culturally appropriate. It will support a focus on the healing and wellbeing of whaiora by incorporating strong kaupapa Māori design principles. For example, the whare manaaki to enable a culturally appropriate space for options such as rongoā.

The business case for the building was approved by the government in September 2020 with the government contributing \$25m for the \$31m project and Lakes DHB (now Te Whatu Ora Lakes) contributing \$6m.

A significant amount of work has happened since then to get to the current stage. This has included work by architects, engineers and project managers working with mental health and

Nick Saville-Wood says Covid-19 lockdowns and the need to find solutions for the geothermal nature of the site have meant some delays in the progress of the building project. However, it is very pleasing to be able to announce this significant milestone, he says.

The project is experiencing some cost pressures due to the delays, inflation and the increasing costs and availability of building materials. The government has acknowledged these cost pressures and contributed a further \$1.95m to the project in December 2021.

Nick Saville-Wood says the new Mauri Ora Inpatient Unit will result in improved models of care for Te Whatu Ora Lakes' residents in accordance with international trends, contemporary care models and good practice.

Dean James combining clinical and cultural knowledge

Ko Ngongotahā te maunga
Ko Utuhina te awa
Ko Te Papaïouru te marae
Ko Whakaue te iwi
Ko Te Arawa te waka

Cultural Clinical Nurse Liaison for the Mauri Ora Build, Dean James, says he's excited to work in a role that allows him to combine his clinical knowledge with his cultural knowledge.

He will work with clinicians, artists, mana whenua, architects, builders and service users to ensure the new Mauri Ora Mental Health Inpatient Facility supports and enhances the recovery journey of tangata whai i te ora, in the acute mental health setting.

Dean was raised by his grandparents (both of whom worked at the hospital) in Ōhinemutu, so the hospital and what it represents hold significant importance in his memories. He says he's reminded also of the generosity of his Whakaue tupuna who gifted Pukeroa Hill for the purposes of health and education.

"As a child I would walk home from Rotorua Primary School to our homestead in Ōhinemutu and these memories forever connect me to the hospital. It is these memories and connections that I believe will help in my new role of Cultural Clinical Nurse Liaison for the Mauri Ora



Build."

Dean has been nursing in Whare Whakaue for the last three years.

"I hope with my knowledge of the acute ward setting, and my working relationships with those who will be working in the new acute mental health ward, that staff will see me as an advocate to express their needs in this new environment."

"I am really excited with the opportunity this presents, and look forward to growing and developing in the role.

He says the Mauri Ora Facility build provides an opportunity to further explore the model of care Te Ara Tauwhiro tangata and the concepts of tangata, tikanga and taiao.

"We all have a place in creating safe environments that strengthen recovery and wellness.

"Ma te whakatu, ka mohio, ma te mohio ka mārama, ma te mārama ka mātau, ma te mātau, ka ora. With discussion comes knowledge, with knowledge comes light and understanding, with light and understanding comes wisdom, with wisdom comes wellness."

Dean is .2 FTE Cultural Clinical Nurse Liaison and .6FTE nursing in Whare Whakaue.



Mental Health & Addictions Collaborative Design Project *Te Arawa ki Tūwharetoa*

This project now has a website. Check it out here:
<https://www.tearatauwhiro tangata.com/>