



Lakes District Health Board
Corner Arawa and Ranolf Streets (Pukeroa Street)
Private Bag 3023, Rotorua Mail Centre
Rotorua 3046, New Zealand

9 May 2022

Subject: Official Information Act request re: stutter services

Thank you for your request for information under the Official Information Act received by Lakes DHB on 7 April 2022. Please see the following answers to your questions.

1. *whether you do provide services for people who stutter?*

Stuttering in adults is dependent on the skill mix of the Speech Language Therapy team and whether they have the experience to work with adult stutters. At Lakes DHB stuttering in adults is referred to Stuttering Treatment And Research Trust (START) in Auckland.

Paediatric stuttering would be referred to the Ministry of Education.

If you do provide services for people who stutter, would you please advise:

2. *how many people who stutter that you have worked with in the last year including a breakdown of their ages and ethnicities?*

One adult outpatient who had mental health and anxiety issues that impacted on stuttering in 2021 calendar year. Age and ethnicity not disclosed due to privacy.

3. *type of services that you provided, e.g. individual speech therapy, group programmes*

Individual 1:1 programmes.

4. *the number of sessions of individual speech therapy you provided in the last year*

Five sessions

5. *the number of any other programmes etc that you offered and the number of participants in these programmes.*

No specialised programmes offered.