

# MATERNITY EDUCATION

## Programme Summary 2023

Workshop	Date	Duration	To Register	Venue	Costs
<b>Newborn Life Support (NLS)</b>  (NLS is an annual requirement for midwives. A full day is reqd once every 3 years with an NLS refresher workshop in the years in between. NLS refreshers for midwives are now part of MESR – see below)	19 January	0830-1700	Mat. Ed registration form – Rachel Wainohu	ROTORUA	\$100
	29 March	0830-1700	As above	ROTORUA	\$100
	20 April	0830-1700	As above	ROTORUA	\$100
	20 July	0830-1700	As above	ROTORUA	\$100
	19 October	0830-1700	As above	TAUPO	\$100
	TBA December	0830-1700	As above	ROTORUA	\$100

Workshop	Date	Duration	To Register	Venue	Costs
<b>Midwifery Emergency Skills Refresher (MESR)</b>  Includes Maternal Resus; NLS® & obstetric emergencies  (annual requirement)	Th 9 <sup>th</sup> March	0830-1700	Mat. Ed registration form – Rachel Wainohu	ROTORUA Sim Rooms	\$100
	Th 6 <sup>th</sup> July	0830-1700	As above	ROTORUA Sim Rooms	\$100
	Th 5 <sup>th</sup> Oct	0830-1700	As above	ROTORUA Sim Rooms	\$100
	Th 2 <sup>nd</sup> Nov	0830-1700	As above	ROTORUA Sim Rooms	\$100

Workshop	Date	Duration	Register	Venue	Costs
<b>PROMPT</b> Includes Adult CPR & Maternal resus. NOT NLS- requires separate booking.	Fri 21 <sup>st</sup> April [for Taupo staff /LMCs]	0800 – 1730	Mat. Ed registration form – Rachel Wainohu	Taupo	\$100 LMC \$200 Drs
	Fri 19 <sup>th</sup> May	0800 – 1730	As above	Rotorua	As above

Workshop	Date	Duration	Register	Venue	Costs
<b>Lakes Essentials</b> Includes Adult CPR & Maternal resus for RN's	See separate flyer with all dates	0930-1600hrs	Rachel Wainohu	Rotorua	No charge to staff

Lakes District Req'd - Maternity	Date	Time	Register	Venue
Epidural (annual requirement)		Yearly recertification: 1300-1430hrs NEW certification: 1300-1500hrs	Use maternity registration form	No charge
	31 <sup>st</sup> Jan	See epidural flyer for all epidural for more info	PDU admin	CSB
	2 <sup>nd</sup> March		PDU admin	CSB
	25 <sup>th</sup> May		PDU admin	CSB
	27 <sup>th</sup> June		PDU admin	CSB
	3 <sup>rd</sup> August		PDU admin	CSB
	12 <sup>th</sup> September		PDU admin	CSB
	26 <sup>th</sup> October		PDU admin	CSB
	12 <sup>th</sup> December		PDU admin	CSB

Lakes District Req'd - Maternity	Date	To Register	Venue	Costs
<b>Fetal Surveillance</b> [Can be used at Elective Education] <ul style="list-style-type: none"> <li><b>FSEP face to face workshop</b> (full day)</li> </ul> DHB midwives can apply for T&D funding. Attend every 2 years alternate with online training	See RANZCOG website	As per website	Midland Region DHB's	\$150 mw \$250 Dr
<ul style="list-style-type: none"> <li><b>OFSEP – online</b></li> </ul>	Open access	As per website <b>RANZCOG</b> <a href="https://acquire.ranzcog.edu.au/mod/page/view.php?id=18137">https://acquire.ranzcog.edu.au/mod/page/view.php?id=18137</a>	Online 4hrs	FOC
<ul style="list-style-type: none"> <li><b>K2 - online</b></li> </ul>	Open access	<b>K2 Perinatal Training Programme</b> <a href="https://training.k2ms.com/">https://training.k2ms.com/</a> email Kath (CME)	Online	FOC

Lakes District Req'd Maternity	Date	To Register	Venue	Costs
<b>Maternity Crisis</b> [obstetric emergency 8 refresher modules] [pre-requisite to MESR]	Annual (as part of MESR)	<b>K2 Perinatal Training Programme</b> <a href="https://training.k2ms.com/">https://training.k2ms.com/</a> use existing logons & passwords	Online – 4 hrs approx	FOC


Lakes District Req'd Workshop	Date	Duration	To Register	Venue
<b>Breastfeeding (BFHI)</b> [can be used as elective education]	TBA			

Lakes District Req'd Maternity	Date	Duration	To Register	Venue
<b>GAP (Growth Assessment Programme NZ)</b> [can be used as elective education]	24 <sup>th</sup> Feb 17 <sup>th</sup> March 28 <sup>th</sup> April 26 <sup>th</sup> May 23 <sup>rd</sup> June (more dates to come)	0900-1230hrs	<a href="https://www.perinatal.org.uk/gap/booknz">https://www.perinatal.org.uk/gap/booknz</a>  more details on flyer or via email <a href="mailto:csenner@perinatal.or.uk">csenner@perinatal.or.uk</a>	Online via ZOOM

Lakes District Workshops	Date	Duration	To Register	Venue
<b>Blood Products</b>	28 <sup>th</sup> February 5 <sup>th</sup> July 1 <sup>st</sup> November	0830-1630hrs	Rachel Wainohu via Maternity Reg form. Needs CMC approval	PDU training room
<b>Cannulation</b>	22 <sup>nd</sup> February 6 <sup>th</sup> April 14 <sup>th</sup> June 13 <sup>th</sup> September 8 <sup>th</sup> November	0900-1200hrs	Rachel Wainohu via Maternity Reg form. Needs CMC approval	PDU training room
<b>Back to Basics Wounds</b>	1 <sup>st</sup> March 23 <sup>rd</sup> May 20 <sup>th</sup> September	0800-1630hrs	Rachel Wainohu via Maternity Reg form. Needs CMC approval	PDU training room
	28 March	0800-1630hrs		TAUPO conference room

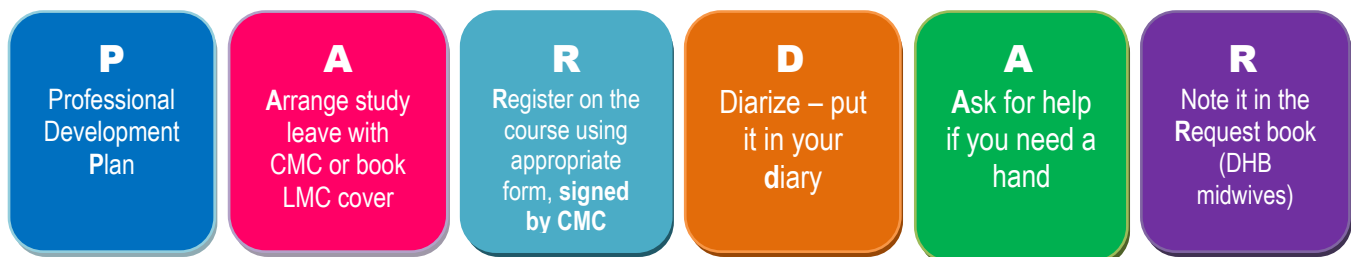
Elective Workshops	Date	Duration	To Register	Venue
<b>Perinatal Repair</b>	20 <sup>th</sup> Feb 9 <sup>th</sup> March 3 <sup>rd</sup> April 25 <sup>th</sup> May 22 <sup>nd</sup> June 20 <sup>th</sup> July	5-6 hours	<a href="http://www.fmhs.auckland.ac.nz/acsc">www.fmhs.auckland.ac.nz/acsc</a>  See flyers for details & costs. DHB midwives can apply for funding	Auckland Clinical Skills Centre

In-services	Date	Duration	To Register	Venue
<b>Perinatal In-services</b> (Elective Activity) & <b>Perinatal Review Meetings</b> (Professional Activity for Midwives)	Every 2 <sup>nd</sup> Fri starting 17 <sup>th</sup> Feb last one 1 <sup>st</sup> December	8.30am-9.30am	No bookings reqd	CSB conference room + ZOOM options

Online Education	Date	Website	To Register	Costs
<b>Perinatal Training Programme (K2)</b> <ul style="list-style-type: none"> <li>Fetal Surveillance</li> <li>Maternity Crisis (Maternity skills training)</li> </ul>	Reqd every 2 years Annual (as part of MESR)	<b>K2 Perinatal Training Programme</b> <a href="https://training.k2ms.com/">https://training.k2ms.com/</a> use existing logons & passwords	or lost passwords Email Kath (CME)	Free of charge
Alcohol and tobacco exposure during early life: impacts on fetus and child (30mins)	<b>Health Start Professional Development</b> <a href="https://www.healthstartprofessional.org.nz/en/our-education-programmes/healthstarteducation1.html#Prof">https://www.healthstartprofessional.org.nz/en/our-education-programmes/healthstarteducation1.html#Prof</a>		See website for details	Free of Charge
The infant microbiome & epigenetics (9 hours) MW COUNCIL APPROVED	<b>Microbirth School</b> <a href="https://microbirth.teachable.com/">https://microbirth.teachable.com/</a>		See website for all details	NZD\$125 DHB midwives can apply for T&D funding.
Breech Birth & resources	<b>Breech without Borders</b> <a href="https://www.breechwithoutborders.org/courses/">https://www.breechwithoutborders.org/courses/</a>		See website for all details	DHB midwives can apply for funding
				
Contraception – overview & practical essentials	<b>NZ Family Planning</b> <a href="http://www.familyplanning.org.nz/courses">www.familyplanning.org.nz/courses</a>		See website for all details	NZD\$275 DHB midwives can apply for funding

DHB E-learning (Online)	Website	To Register or lost passwords	Costs
<ul style="list-style-type: none"> <li>• Pre reading for workshops</li> <li>• Fire Training</li> <li>• Health &amp; Safety</li> <li>• Emergency Mgmt</li> <li>• Drug Calcs</li> <li>• Cardiac Rhythm identification</li> <li>• Manual Handling</li> <li>• Falls Prevention</li> <li>• Restraint</li> <li>• Datix</li> <li>• CALM de-escalation</li> <li>• Electrical safety</li> <li>• Infection Control</li> <li>• Wound care</li> <li>• Emotional Health &amp; Communication</li> <li>• Educational podcasts</li> </ul>	<p><b>KO AWATEA LEARN</b>  <a href="https://koawatealearn.co.nz/">https://koawatealearn.co.nz/</a>            or from Homepage tab “Learn @ Lakes”            Including MEWS, Sub galeal see the G-M section</p>	<p>Follow instructions on page, or contact <b>Rachel Wainohu</b> if queries or difficulties</p>	<p>Free of charge</p>

### Booking on a course in-house:



*Inspiring through learning*  
PROFESSIONAL DEVELOPMENT UNIT (PDU)

## Midwifery Council Recertification Requirements

This is intended as a brief guide. Please refer to the Midwifery Council website for full details or contact the Council directly. <https://www.midwiferycouncil.health.nz>

### Mandatory Education

- **Midwifery Emergency Skills Refresher (MESR)** This is the practical/ hands on day refreshing management of emergency situations. **REMAINS ANNUAL**. The PROMPT course once every 3 years is an alternative (if doing PROMPT, separate NLS is required either full day or as a refresher - which is part of the MESR workshop).
- **Newborn Life Support (NLS)** also remains an **ANNUAL** requirement for all midwives. At Te Whatu Ora -Lakes, a full day is required once every 3 years with an NLS refresher in the years in between. NLS refreshers for midwives are now part of MESR or Combined emergency skills day.
- Attend a minimum of 8 hours **MIDWIFERY-FOCUSED** education. EACH YEAR.
- Engage in **PROFESSIONAL ACTIVITIES** of a minimum of 8 hours. EACH YEAR.
- Participate in **Midwifery Standards Review** once EVERY 3 YEARS (starts from your next review). Different for new graduates/overseas midwives.
- Complete the **Introduction to the Abortion Legislation and Midwifery Roles & Responsibilities** – 4 hour online learning package  
<https://midwiferycouncil.health.nz/Public/06.-I-am-a-registered-midwife/Midwifery-Led-Abortion-Care-Consultation/Midwifery%20Abortion%20Core%20Education.aspx?WebsiteKey=f0308050-1256-4559-908a-2c0b3a7fd7e5>

### Following on from the previous recertification cycle, - as a reminder:

- Breastfeeding as a mandatory recertification requirement has been removed. (There is still a BFHI mandatory requirement however for DHB staff. These hours can go towards your Midwifery focused elective education requirement).
- Workshops no longer have points attached, and instead will be based on hours. A full day workshop will be 8 hours. Midwives should note that the requirement set by Midwifery Council is a **MINIMUM** of 8 hours each year. **Remember to upload all midwifery related education to your Midwifery Council CPD record.**
- Remember permanently employed midwives can apply for CPD funds (\$1000 pa) via MERAS CPD APPLICATION FORM (EDMS# 2635768 )

You are encouraged to go to the Midwifery Council website and check out your Recertification status. If things don't look right, contact the Council asap! Then make a plan for the year on maintaining your practice certificate. See booking process over. Still not sure what is what? ... print off your APC renewal requirements and come & chat. ☺

Kathleen  
Clinical Midwife Educator



As at 20/12/2022