

MATERNITY EDUCATION

Programme Summary 2024

Newborn Life Support	Date	Duration	Venue
<p>NLS is an annual requirement A full day is required once every 3 years with an NLS refresher workshop in the years in between. NLS refreshers for nurses are part of Maternity nurse refresher study day – see below</p>	18 th January	0830-1700	ROTORUA
	13 th March	0830-1700	TAUPO
	18 th April	0830-1700	ROTORUA
	18 th July	0830-1700	ROTORUA
	18 th September	0830-1700	TAUPO
	17 th October	0830-1700	ROTORUA
	5 th December	0830-1700	ROTORUA
Midwifery Emergency Skills Refresher (MESR)	Date	Duration	Venue
<p>MESR is an annual requirement for Midwives. Includes Maternal resus, NLS and Obstetric emergencies.</p>	2 nd Feb	0800-1630	PDU Training room
	20 th June	0800-1630	PDU Training room
	29 th August	0800-1630	PDU Training room
	25 th October	0800-1630	PDU Training room
	13 th December	0800-1630	PDU Training room
PROMPT	Date	Duration	Venue
	30 th May	0800 – 1730	PDU Training room
	29 th November	0800 – 1730	PDU Training room
Epidural	Date	Duration	Venue
<p>Recertification required annually</p>	31 st Jan	1300-1500	CSB
	30 th March	1300-1500	CSB
	24 th April	1300-1500	CSB
	5 th June	1300-1500	CSB
	17 th July	1300-1500	CSB
	28 th August	1300-1500	CSB
	9 th October	1300-1500	CSB
	20 th November	1300-1500	CSB

Remifentanil	Date	Duration	Venue
Recertification required annually	TBC		
Breastfeeding (BFHI)	Date	Duration	Venue
Recertification required annually	TBC		
Family Violence Intervention Training	Date	Duration	Venue
Requirement for all staff to complete once	See separate flyer for dates and locations		
Organisational Mandatory requirements			
Recertification required every 2 years	Fire Training Health & Safety Electrical safety	KO AWATEA LEARN https://koawatealearn.co.nz/	
Perinatal In-services	Date	Duration	Venue
Perinatal In-services (Elective Activity) & Perinatal Review Meetings (Professional Activity for Midwives)	Every 2 nd Fri starting 22nd March last one 6th December	8.30am-9.30am	CSB conference room + ZOOM options
Maternity Crisis (obstetric emergency 8 refresher modules) (Pre-requisite to MESR) K2 Perinatal Training Programme https://training.k2ms.com/ use existing logons & passwords	Annual (as part of MESR)	Online – 4 hours	FOC

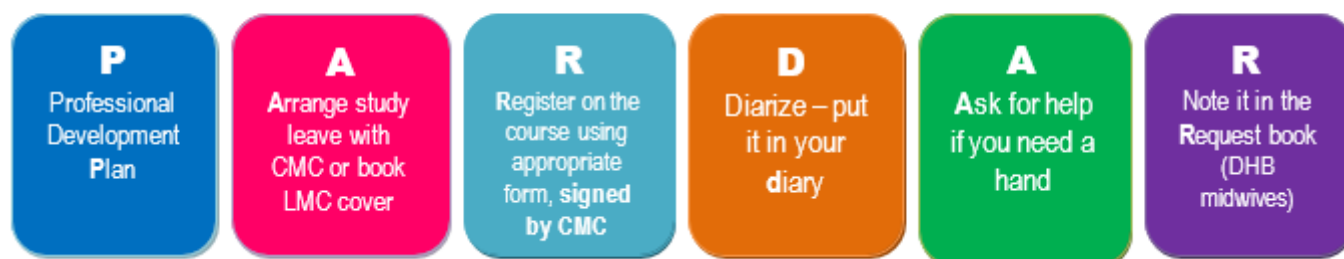
EXTERNAL EDUCATION AVAILABLE

Course	How to access	Location	Cost
Fetal Surveillance [Can be used at Elective Education] <ul style="list-style-type: none"> FSEP face to face workshop (full day) DHB midwives can apply for CPD funding. Attend every 2 years alternate with online training	https://fsep.ranzcog.edu.au/events	Midland Region DHB's	\$150 mw \$250 Dr
OFSEP – online	As per website RANZCOG https://acquire.ranzcog.edu.au/mod/page/view.php?id=18137	Online 4hrs	FOC

K2 - online	<p>K2 Perinatal Training Programme</p> <p>https://training.k2ms.com/</p> <p>email Rachel Wainohu for a login</p>	Online	FOC
GAP (Growth Assessment Programme NZ) [can be used as elective education]	<p>https://perinatal.org.uk/pdfs/GAP-NZ-Flyer-2024.pdf</p> <p>more details on flyer or via email cseinner@perinatal.org.uk</p>	Online via ZOOM	FOC
Contraception training	www.familyplanning.org.nz/courses	Online course	Costs apply
Continuing Midwifery education	https://www.midwife.org.nz/midwives/education/continuing-midwifery-education/	Various	Various
Perineum repair	https://auckland-acsc.arlo.co/w/courses/32-suturing-course-wound-repair	Face to face course	Costs apply
Preceptorship for midwives	https://www.op.ac.nz/schools/school-of-midwifery/preceptorship/	Online	FOC

DHB E-learning (Online)	Website	To Register or lost passwords	Costs
<ul style="list-style-type: none"> • Pre reading for workshops • Fire Training • Health & Safety • Emergency Mgmt • Drug Calcs • Moving and Handling • Falls Prevention • Restraint • Electrical safety • Infection Control • Wound care • Emotional Health & Communication • Educational podcasts 	<p>KO AWATEA LEARN</p> <p>https://koawatealearn.co.nz/</p> <p>Including MEWS, Sub galeal see the G-M section</p>	<p>Follow instructions on page, or contact Rachel Wainohu if queries or difficulties</p>	<p>Free of charge</p>

Booking on a course in-house:



The Lakes Education and Learning App



Get all your education information in one place!

The Lakes education and learning app is available to download now!

The app is free to download and use.

What the app will mean for you:

- Training delivered by at Te Whatu ora Lakes will be advertised in the calendar.
- The training calendar will allow you to download a calendar appointment directly into your phone calendar
- View room locations at Rotorua and Taupo hospitals
- Subscribe to special interests and unit groups and receive alerts when education is delivered about these subscriptions.
- Notify the facilitator directly from your phone if you are unable to attend a course.
- Receive alerts about other education of interest

How do you join the app?

You need a login to use the app. Please contact Rachel.wainohu@lakesdhb.govt.nz for a login

To download the app:

- [Click here to download the app on your phone](#) Or scan the QR code
- You will be asked to search for your department – search for 'Lakes District Health Board'
- Log in using you're the provided username and the password. Once you log in for the first time your password will be saved and you will not have to enter it again.
- You will then be asked to subscribe to alerts of your choice. You control how many notifications you get.



Midwifery Council Recertification Requirements

This is intended as a brief guide. Please refer to the Midwifery Council website for full details or contact the Council directly.
<https://www.midwife.org.nz/midwives/education/continuing-midwifery-education/>

Mandatory Education

- **Midwifery Emergency Skills Refresher (MESR)** This is the practical/ hands on day refreshing management of emergency situations. REMAINS **ANNUAL**. The PROMPT course once every 3 years is an alternative (if doing PROMPT, separate NLS is required either full day or as a refresher - which is part of the MESR workshop).
- **Newborn Life Support (NLS)** also remains an **ANNUAL** requirement for all midwives. At Te Whatu Ora -Lakes, a full day is required once every 3 years with an NLS refresher in the years in between. NLS refreshers for midwives are now part of MESR or Combined emergency skills day.
- Attend a minimum of 8 hours **MIDWIFERY-FOCUSED** education. EACH YEAR.
- Engage in **PROFESSIONAL ACTIVITIES** of a minimum of 8 hours. EACH YEAR.
- Participate in **Midwifery Standards Review** once EVERY 3 YEARS (starts from your next review). Different for new graduates/overseas midwives.
- Complete the **Introduction to the Abortion Legislation and Midwifery Roles & Responsibilities** – 4 hour online learning package
<https://midwiferycouncil.health.nz/Public/06.-I-am-a-registered-midwife/Midwifery-Led-Abortion-Care-Consultation/Midwifery%20Abortion%20Core%20Education.aspx?WebsiteKey=f0308050-1256-4559-908a-2c0b3a7fd7e5>

Following on from the previous recertification cycle, - as a reminder:

- Breastfeeding as a mandatory recertification requirement has been removed. (There is still a BFHI mandatory requirement however for DHB staff. These hours can go towards your Midwifery focused elective education requirement).
- Workshops no longer have points attached, and instead will be based on hours. A full day workshop will be 8 hours. Midwives should note that the requirement set by Midwifery Council is a **MINIMUM** of 8 hours each year. **Remember to upload all midwifery related education to your Midwifery Council CPD record.**
- Remember permanently employed midwives can apply for CPD funds (\$1000 pa) via MERAS CPD APPLICATION FORM (EDMS# 2635768)

You are encouraged to go to the Midwifery Council website and check out your Recertification status. If things don't look right, contact the Council asap! Then make a plan for the year on maintaining your practice certificate. See booking process over. Still not sure what is what? ... print off your APC renewal requirements and come & chat. ☺

